



Greetings and welcome to our May newsletter! As the month of May unfolds, **Nest & Care** pays tribute to the heroes who selflessly gave their lives to protect our freedoms and uphold the values we hold dear. It is a time we all come together as a nation to honor and remember the brave men and women who made the ultimate sacrifice while serving our country.

Let us carry their memory in our hearts and strive to live in a way that honors their sacrifice. Wishing you a reflective and meaningful **Memorial Day!**



May 2023 is **Stroke Awareness Month**. Throughout this month, we strive to raise awareness, educate and empower individuals about stroke and its impact on their lives.

Nest & Care aims to provide you with valuable resources, tips for prevention, and guidance on recognizing the signs and symptoms of a stroke. Together, we can create a community of support and understanding for those affected by stroke.

We encourage you to spread the word and share the knowledge. By joining hands and working together, we can make a positive impact and help prevent stroke, support survivors on their journey to recovery, and ultimately improve the overall well-being of our communities. Let us embark on this journey together and champion the cause of stroke awareness throughout May and beyond.



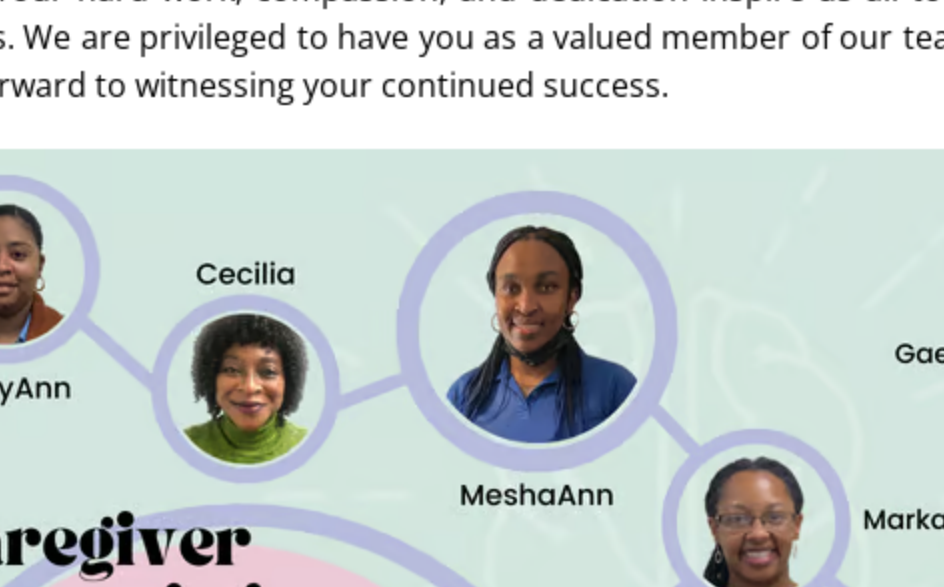
Stroke Home Care Program

Nest & Care is thrilled to share with you the comprehensive **Stroke Home Care Program**, designed to provide exceptional care and support to individuals recovering from stroke.

As May is **Stroke Awareness Month**, we believe it is the perfect time to shed light on this vital program and the transformative impact it can have on the lives of stroke survivors.

At **Nest & Care**, we understand that stroke recovery requires a holistic approach that encompasses personalized care and unwavering support. Our **Stroke Home Care Program** is built upon these principles, with a team of dedicated professionals who are passionate about helping individuals regain their independence and quality of life.

Blog Portal

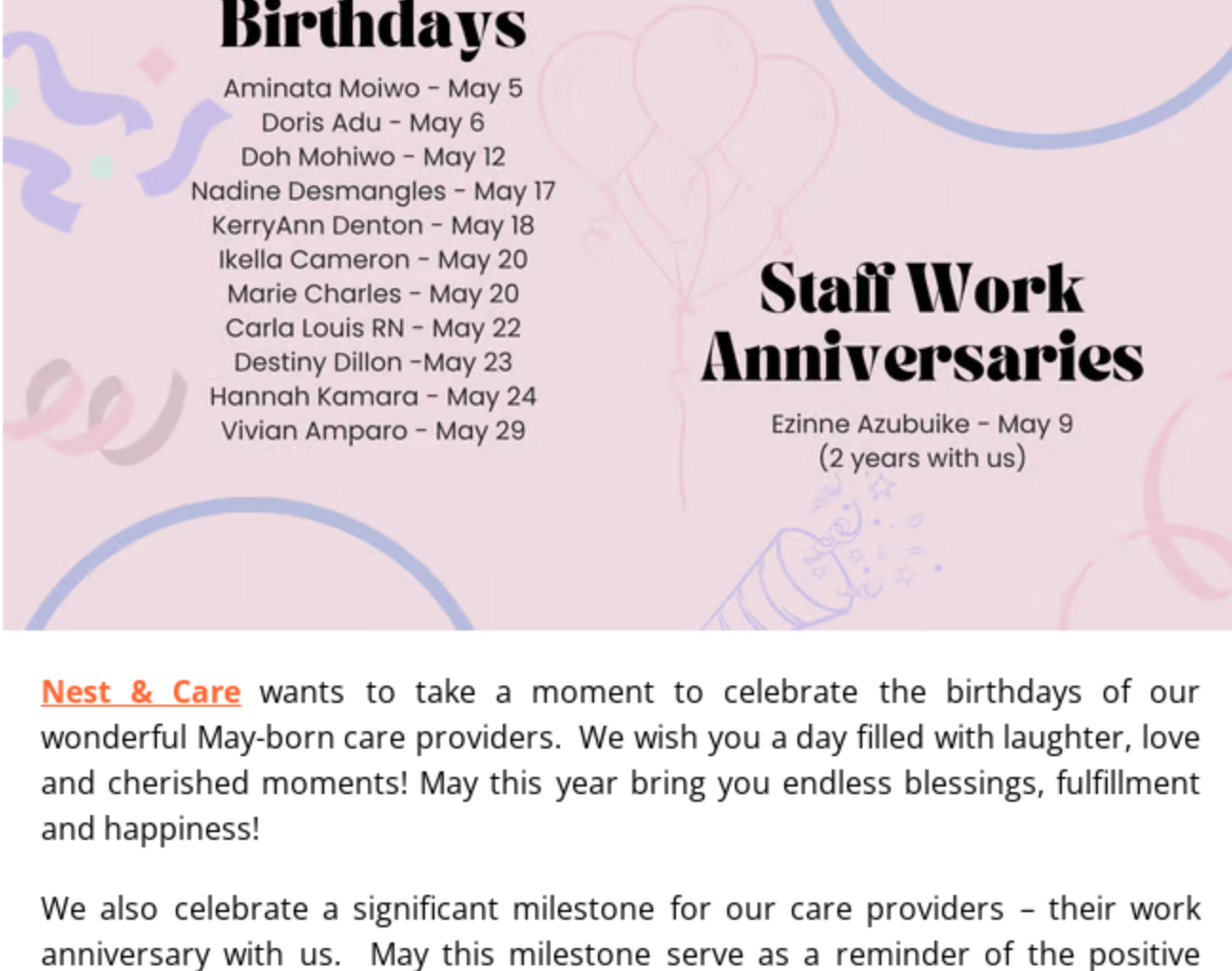


Explore **Nest & Care Home Health Care Blog Portal** for **Stroke Awareness Month!**

👉 **Stroke Awareness Month:** How Nest & Care Silver Spring Home Health Care Services Can Help with Post-Stroke Home Care & Recovery

👉 **Spot Stroke, Be F.A.S.T. and Take Action:** Nest & Care's Stroke Emergency Response Guide & How Silver Spring Home Health Care Services Can Help with Stroke Recovery

Discover informative articles on stroke. Learn about causes, symptoms, prevention, and recovery. Again, we ask you to please join us in spreading awareness and making a positive impact even if May is almost coming to a close.

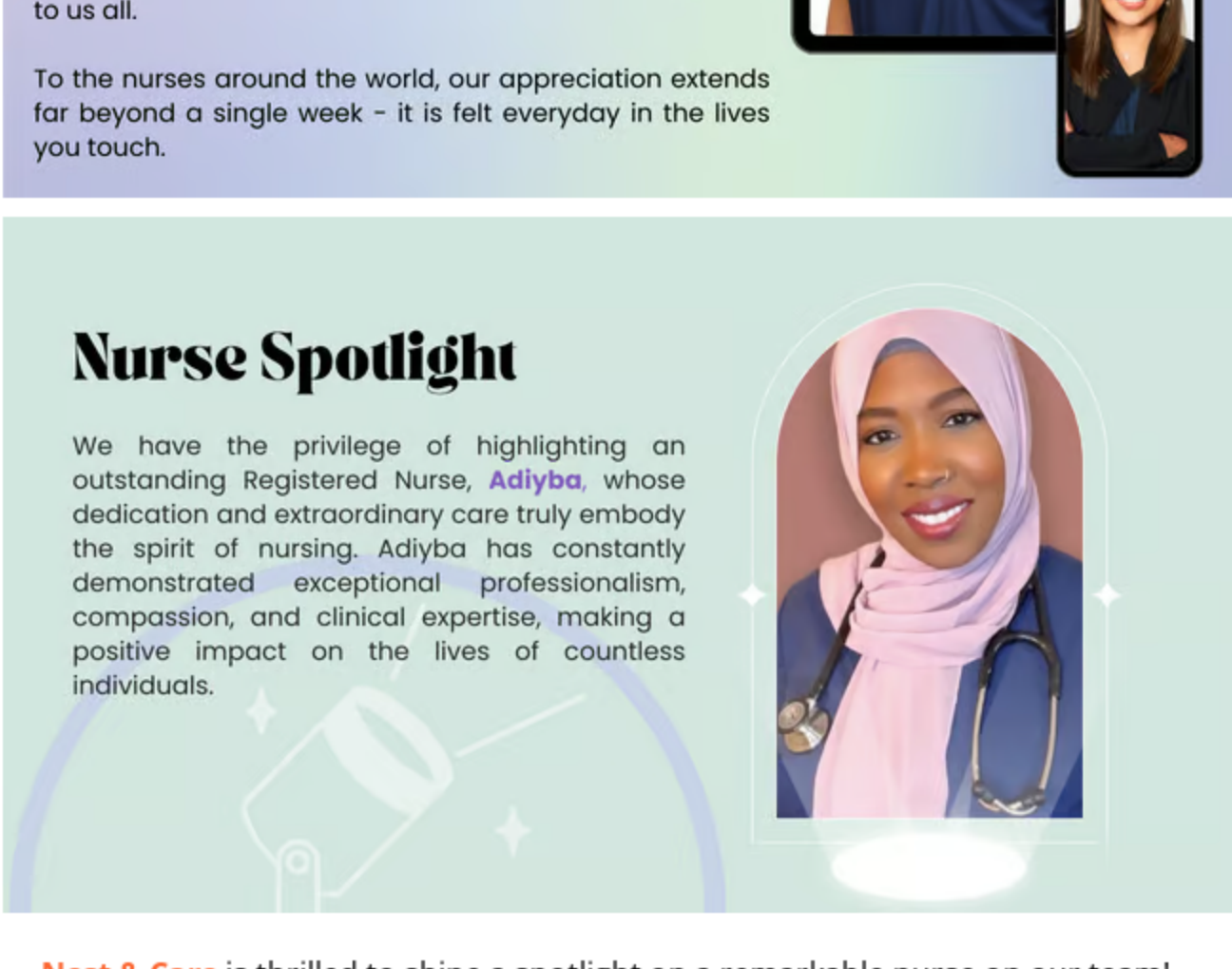


Caregiver Training

Our in-house **Skills Training Workshop** reflects our commitment to fostering a culture of growth and learning within our organization. It is our belief that by investing in our team's development, we create an environment where everyone can thrive both personally and professionally.

We encourage each team member to embrace this opportunity for growth, actively participate in the training sessions, and apply the knowledge and skills gained to their daily work. Let us seize this chance to elevate our capabilities, enhance the quality of care we provide, and collectively contribute to the success of our organization.

Nest & Care is excited to introduce our new and improved In-House Skills Training Program, designed to empower and enhance the expertise of our dedicated care providers. We firmly believe that investing in continuous learning and development is not only beneficial for individual growth but also instrumental in driving the overall success of our organization.



Caregiver Superstar of the Month

It is with great pleasure that **Nest & Care** shines a well-deserved spotlight on one of our exceptional caregivers, **Chantal**, as our **Star of the Month** for May 2023.



Chantal

Chantal has consistently demonstrated unwavering commitment to excellence, going above and beyond to make a positive impact within **Nest & Care** and the lives of those we serve.

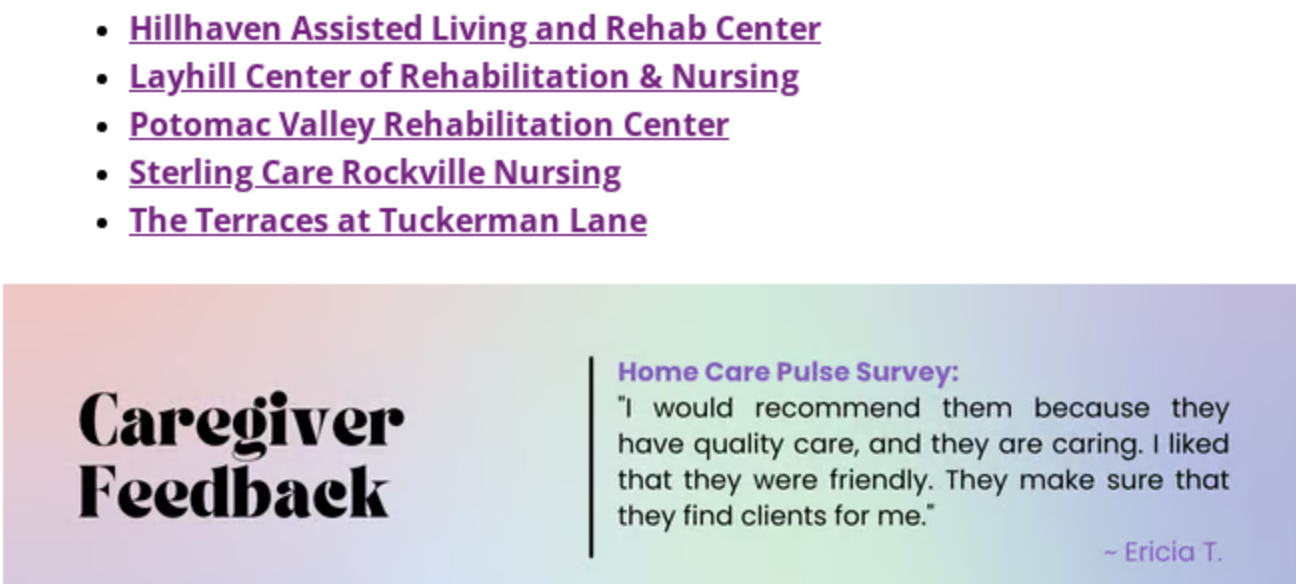
Congratulations, Chantal! Thank you for being an exemplary member of our team. Your hard work, compassion, and dedication inspire us all to reach new heights. We are privileged to have you as a valued member of our team, and we look forward to witnessing your continued success.



Caregiver Appreciation

As May comes to a close, we wanted to take a moment to express our deepest appreciation for Mesha-Ann, KerryAnn, Gael, Markaja, Lauren, Cecilia and Zainab for your incredible dedication, compassion and unwavering commitment as caregivers.

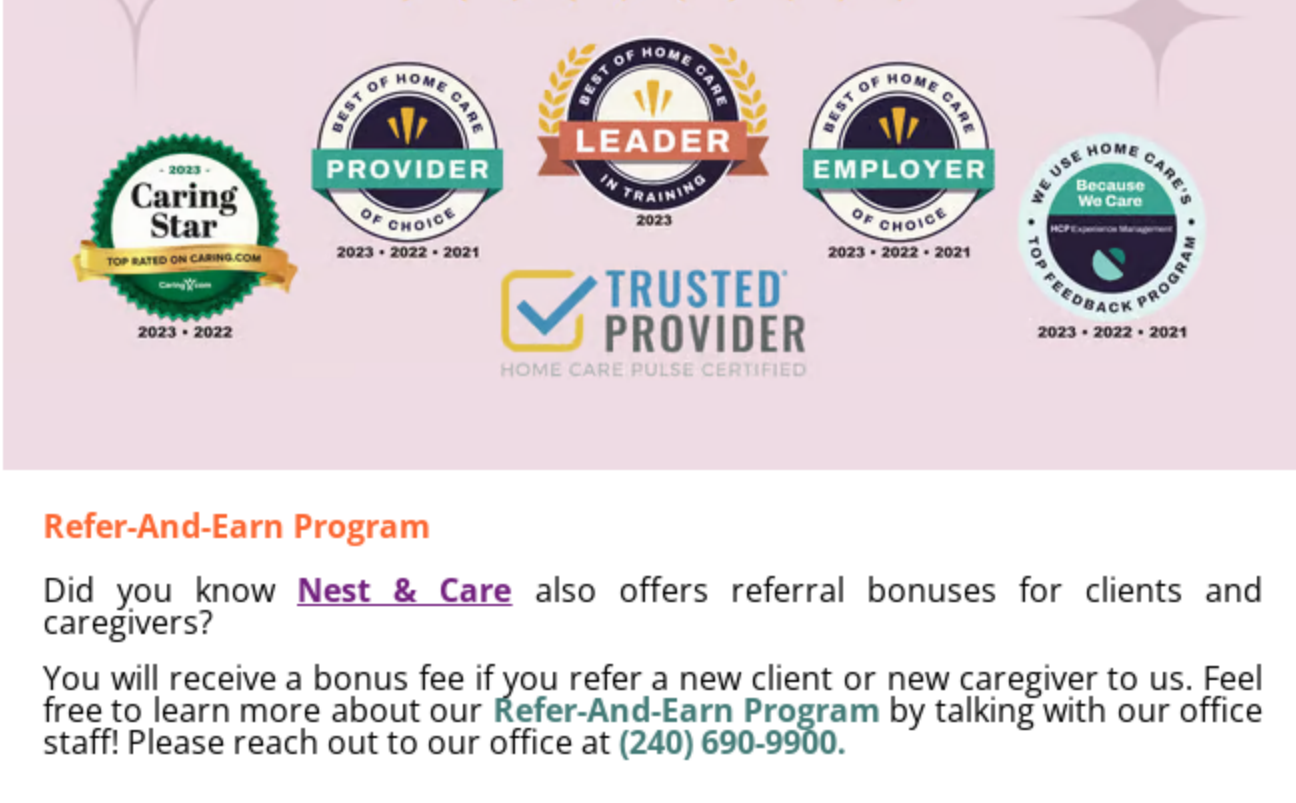
Thank you, for your exceptional service and for embodying the true essence of caring. Your dedication and compassion inspire us all, and we are honored to have you as an integral part of **Nest & Care**.



Caregiver Visits

Last **Mother's Day**, our Care Manager, **Icey**, embarked on a heartfelt mission to also visit our extraordinary caregivers, whose commitment extends beyond their own families to the individuals they care for.

As Icey presented each caregiver with a thoughtful gift, it was for such a humbling experience for Icey to see their faces light up with surprise and gratitude. Our gifts were a symbol of our recognition and gratitude for their extraordinary work.



Birthdays

- Aminata Moiwu – May 5
- Doris Adu – May 6
- Doh Mochiwo – May 12
- Nadine Desmangles – May 17
- KerryAnn Denton – May 18
- Ikella Cameron – May 20
- Marie Charles – May 20
- Carla Louis RN – May 22
- Destiny Dillon – May 23
- Hannah Kamara – May 24
- Vivian Amparo – May 29

Staff Work Anniversaries

- Ezinne Azubuike – May 9 (2 years with us)

Nest & Care wants to take a moment to celebrate the birthdays of our wonderful May-born care providers. We wish you a day filled with laughter, love and cherished moments! May this year bring you endless blessings, fulfillment and happiness!

We also celebrate a significant milestone for our care providers – their work anniversary with us. May this milestone serve as a reminder of the positive impact you have made and continue to make as caregivers. Thank you, everyone, for being exceptional members of our team, and we look forward to many more years of growth and success together!

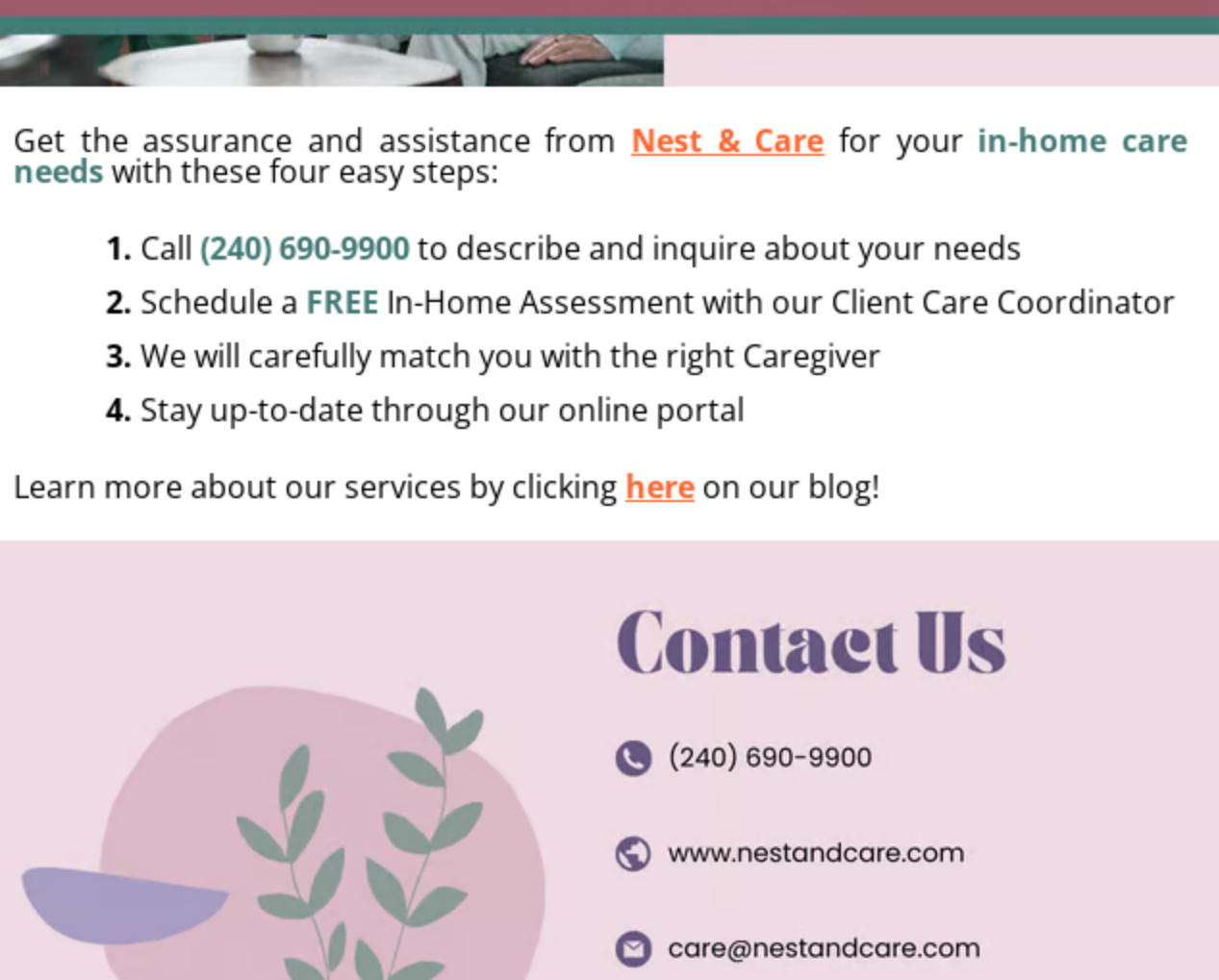
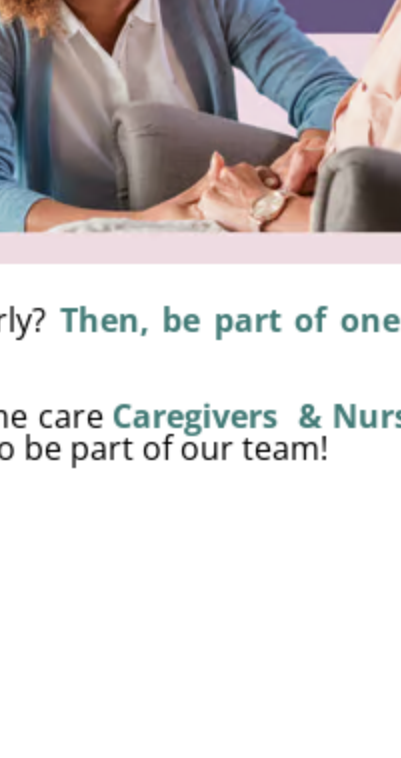


National Nurses Week

Nurses are the heart and soul of healthcare, embodying the essence of empathy, compassion and expertise. Last May 6th to May 12th, we recognized and celebrated the invaluable contributions of nurses around the world.

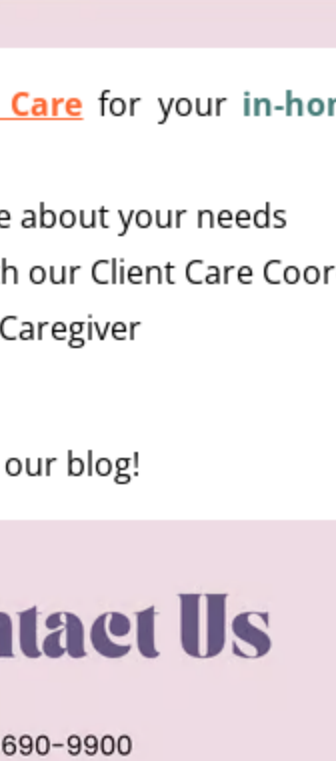
Last **Nurses Week**, we had a surprise celebration for our remarkable CEO, **Kat** – who is also a nurse! Our CEO's journey as a nurse-turned-leader has been an inspiration to us all.

To the nurses around the world, our appreciation extends far beyond a single week – it is felt everyday in the lives you touch.



Nurse Spotlight

We have the privilege of highlighting an outstanding Registered Nurse, **Adiyba**, whose dedication and extraordinary care truly embody the spirit of nursing. Adiyba has constantly demonstrated exceptional professionalism, compassion, and clinical expertise, making a positive impact on the lives of countless individuals.



Nest & Care is thrilled to shine a spotlight on a remarkable nurse on our team!

Mother's Day

A time to recognize and celebrate the significant impact that mothers have in our lives and in the world. Their love, dedication and nurturing spirit are truly invaluable.

Our CEO, **Kat**, had a surprise treat to celebrate Mother's Day and express a heartfelt appreciation for the extraordinary moms within our team. It was truly memorable for all our hard working moms.

Nest & Care is grateful for the incredible moms, and want to take this opportunity to honor and appreciate their remarkable contributions.

Nest & Care is thrilled to be actively participating in various social media events and campaigns! Aside from **Stroke Awareness Month**, **Nurses Week**, and **Mother's Day**, there are several other events this Month we joined:

- ALS Awareness Month
- Asthma Awareness Month
- Military Family Appreciation Month
- International Firefighters Day
- Memorial Day

Community Connections

Client Visits

Icey orchestrated a surprise visit to some of our clients, Mrs. G and Mrs. W., and gave them gifts. This visit not only brought joy to Mrs. G and Mrs. W but also left a lasting impression on our entire team. It served as a reminder of the meaningful connections we foster with those under our care and the privilege we have in making a positive difference in their lives.

Co-Marketing Activities

Our Care Manager, **Icey** and HR Assistant, **Rebecca**, recognized the importance of building strong relationships within the community, particularly with schools. By collaborating with educational institutions, they aimed to create meaningful connections and provide valuable resources to support the well-being of the students and their families. Icey and Rebecca actively participated in a co-marketing activity – Career Day at Richard Montgomery High School.

Nest & Care would like to thank all of our **Community Partners** for their tireless dedication and commitment to providing quality care services. Your support and collaboration in providing the best possible care to our patients are invaluable.

- Autumn Lake Healthcare at Oak Manor
- Bedford Court Senior Living
- Collingswood Rehabilitation Center
- Crescent Cities Rehabilitation Center
- Hillhaven Assisted Living and Rehab Center
- Layhill Center of Rehabilitation & Nursing
- Potomac Valley Rehabilitation Center
- Sterling Care Rockville Nursing
- The Terraces at Tuckerman Lane

Caregiver Feedback

Home Care Pulse Survey:
"I would recommend them because they have quality care, and they are caring. I liked that they were friendly. They make sure that they find clients for me."
– Ercia T.

Client Feedback

Home Care Pulse Survey:
"I like the care that they show my mom and that they give her assistance. It has been helping my mom in getting her medications straighten out. The office staff inform me of what they have been doing and keep me apprised of what they have been doing with my mother."
– J.K.

Best of Home Care

Refer-And-Earn Program

Did you know **Nest & Care** also offers referral bonuses for clients and caregivers?

You will receive a bonus fee if you refer a new client or new caregiver to us. Feel free to learn more about our **Refer-And-Earn Program** by talking with our office staff! Please reach out to our office at (240) 690-9900.

We truly appreciate your help in referring clients and caregivers to us and look forward to hearing from you! Thank you for being a part of the **Nest & Care** family!

Join-Us-And-Earn Program

Nest & Care is excited to offer competitive sign-on bonuses for our new caregivers through our **Join-Us-And-Earn Program!** If you are a qualified caregiver and joining the **Nest & Care** team, you will receive a bonus fee as an incentive for joining us.

We strive to provide excellent care and value talented caregivers who share this vision with us. Please do not hesitate to contact our office at (240) 690-9900 to learn more about the information and requirements for our **Join-Us-And-Earn Program**.

We're Hiring

CMT • CNA • GNA • LPN • RN

Apply Now!

Are you passionate about taking care of the elderly? Then, be part of one of Maryland's best home healthcare companies!

Nest & Care is hiring experienced and reliable home care Caregivers & Nurses located around Montgomery County, Maryland, to be part of our team!

Benefits for Caregivers:

- Flexible Schedule
- 401K and 401K Matching
- Paid Sick Time
- PPEs Provided
- Workers Compensation Coverage
- Liability Insurance Provided
- Career Growth
- Taxes Deducted On Your Behalf
- Bonuses & Incentives
- Paid Training
- Industry Leading Pay Rates

👉 [Click here to apply now!](#)

Premium Home Health Care Service In Silver Spring, Maryland

Get the assurance and assistance from **Nest & Care** for your **in-home care** needs with these four easy steps:

1. Call (240) 690-9900 to describe and inquire about your needs
2. Schedule a **FREE** In-Home Assessment with our Client Care Coordinator
3. We will carefully match you with the right Caregiver
4. Stay up-to-date through our online portal

Learn more about our services by clicking [here](#) on our blog!

Contact Us

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