



NEST & CARE HOME HEALTH CARE



As we step into the heart of August, **Nest & Care** is thrilled to bring you a special edition of our newsletter, dedicated to celebrating the cherished members of our community - our beloved senior citizens.

But that's not all. In addition to celebrating seniors, we're also excited to share updates about our company.

August 2023 Newsletter

Nurturing Senior Well-being Through Home Health Care

At **Nest & Care**, we believe that aging should be a journey of empowerment and choice. Our August newsletter celebrates the significance of home health care for seniors, honoring their desire for independence and well-being. We invite you to explore this edition and discover the tools and insights that inspire us all to age gracefully and confidently.

Home Health Care for Senior Citizens

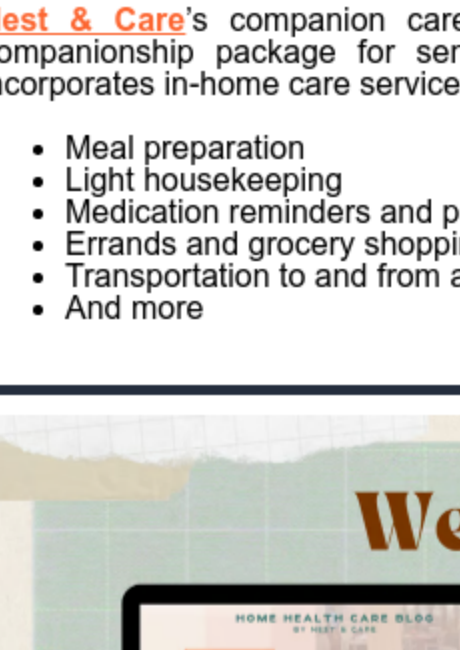
At **Nest & Care**, we understand that each person's journey through the golden years is a unique story that deserves to be honored. With this principle at the heart of our agency, we are committed to redefining the aging experience by offering top-tier home health care services tailored to individual preferences and needs.

By offering an array of in-home care services, **Nest & Care** brings a compassionate touch directly to the homes of our cherished seniors. We provide a haven where independence, dignity, and well-being flourish in the place that holds a lifetime of memories.

Nest & Care stands as a testament to the dedication and compassion that shape this industry. With a commitment to promoting independence, enhancing well-being, and fostering a sense of belonging, our agency is proud to be a guiding light on the journey of aging.

We don't just provide care; we create a nurturing environment where our cherished seniors can continue to write their life stories, surrounded by the comfort of their own homes.

Personal Care



Hygiene is important at any age, but when it comes to seniors, its importance cannot be overstated. This is because as a person ages, the immune system tends to slow down leaving the person more susceptible to germs and viruses. To some, good hygiene may mean safe food prep, effective bathing, and proper handwashing. To others, it may mean proper grooming practices, such as hair washing and brushing and skin and nail care.

All of the above is true and equally important, but one thing is clear - each person comes with his/her own individual needs. At **Nest & Care**, we know that. We also know that some seniors may require assistance with their hygiene practices and that is why we provide a broad range of personal care services to make sure that our seniors remain healthy, comfortable, and confident at all times.

Our personal care services include but are not limited to:

- Toileting
- Incontinence care
- Perineal care
- Bathing
- Oral hygiene
- Hand washing
- Dressing
- Skin, hair, and nail care

This service can also be inclusive of various home care services based on the needs of the client. Such services include:

- Meal preparation
- Light housekeeping
- Bathing and toileting
- Hygiene and grooming assistance
- Medication reminders and pick-ups
- Errands and grocery shopping
- Transportation to and from appointments

Companion Care

At **Nest & Care**, we know that the demands of our jobs and families sometimes make it impossible for us to live with our elderly loved ones or even spend quality time with them. Unfortunately, when seniors live alone or spend the better part of the day unaccompanied, they tend to experience feelings of loneliness and social isolation.

Because a companion is not there to provide companionship alone but to also keep an eye on the senior, family members, and even the seniors themselves can rest easy knowing that there's a responsible adult they can depend on to make a sensible decision should an emergency or any other need arise.

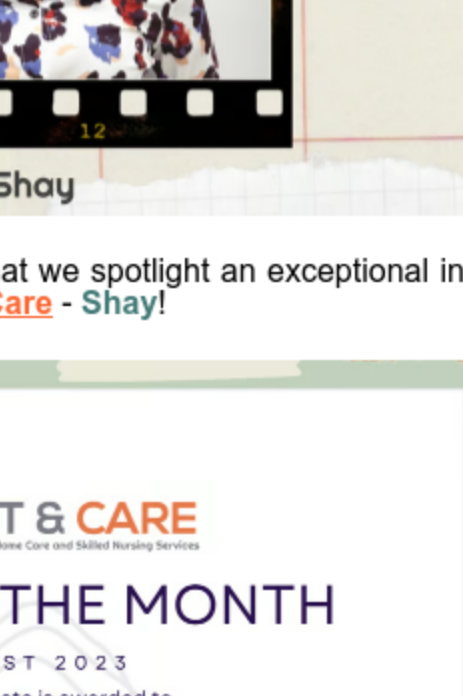


If you are worried about entrusting your loved one's security, or your own security for that matter, in the hands of a stranger, no need to worry - we always aim to match up our clients with caregivers who not only match their needs but their personalities as well.

Nest & Care's companion care service is primarily an emotional support and companionship package for seniors who want to remain at home. But it also incorporates in-home care services, such as:

- Meal preparation
- Light housekeeping
- Medication reminders and pick-ups
- Errands and grocery shopping
- Transportation to and from appointments
- And more

Website Blog



As we continue on our mission to provide exceptional care and support, we're excited to introduce another dimension to our online presence - our enriching and informative blogs on our [website!](#)

Stay Connected Through Our Blogs:

[Uniting Hearts and Hands: Home Health Care Co-Marketing Events Connecting Communities](#)

[Enhancing Senior Lives with Companion Care in Maryland: A Vital Home Care Solution](#)

Caregiver Portal

In The Know Training

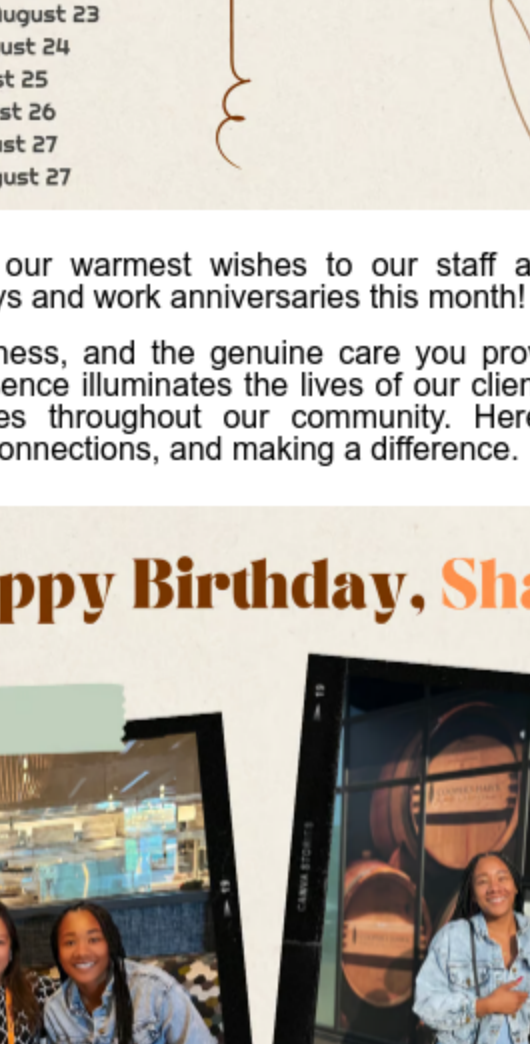
At **Nest & Care**, our commitment to our caregivers' professional growth and the quality of care we provide has always been paramount. We're excited to introduce a longstanding opportunity that's been enhancing our caregiving community - the In The Know Online Training Program, accessible through the Home Care Pulse (HCP) portal. This initiative is designed to empower them with the skills and insights necessary to excel in their caregiving journey.

To our caregivers, we encourage you to harness this invaluable resource. Your commitment to continuous learning reflects your dedication to providing exceptional care, and we're excited to support you every step of the way.

In the Know is renowned for offering comprehensive online training modules tailored specifically for caregivers. These modules cover a broad range of topics, from fundamental caregiving techniques to specialized skills, all aimed at enhancing your ability to make a meaningful impact in the lives of our clients.

Nest & Care recognizes that caregivers' schedule can be demanding, but training modules can be conveniently accessed at your own pace - during breaks, evenings, or weekends.

Star of the Month



Shay

It is with immense pleasure and pride that we spotlight an exceptional individual who embodies the heart and soul of **Nest & Care** - Shay!



Kudos to Shay Robinson: Leadership Excellence at **Nest & Care**

We're spotlighting Shay Robinson, who joined us in February 2023 as Director of Operations and Business Development. Within months, Shay's leadership, dedication, and mentorship have left a significant imprint on our team and our company's trajectory.

Shay's commitment to **Nest & Care** is evident in every decision and ensuring every team member feels valued and integral to our success.

Our CEO, Katharina Villanueva, aptly mentioned, "I found that one true leader who will elevate our company." To Shay: Your leadership is our beacon. We're proud and excited for the future of **Nest & Care** under your guidance.

Forward together, Shay!

Caregiver Appreciation



In the tapestry of compassionate caregiving, there are individuals who shine brightly, embodying the essence of **Nest & Care's** mission and values. This month, we come together to celebrate and honor them - the heart and soul of our caregiving family.

Nest & Care extends heartfelt appreciation to Kollie, Isha, Mariouise, Mariana, Alisha, and Millicent. Your tireless efforts, genuine smiles, and endless empathy touch the lives of those you care for in ways that words can't fully capture. Your commitment to making a difference is truly remarkable and deeply valued.

Celebrations

Birthdays

- Kollie Bozelle - August 2
- Millicent Nuobi - August 4
- Gerrard C LPN - August 6
- Dein Romouac - August 6
- Edeh A IN - August 8
- Shay Robinson - August 11
- Rose Kanga - August 17
- Cecilia Kuma - August 21
- Chantal M - August 23
- Andrea G LPN - August 23
- Christioncia L - August 23
- Mariama F - August 24
- Ishaka H - August 25
- Tiffany N - August 26
- Sunday U - August 27
- Anthony W - August 27

Work Anniversaries

- Danyelle Freeman - August 7 (1 year)
- Ayuk Anne Morie - August 14 (1 year)
- Markojo White - August 17 (2 years)
- Aminatou Powell - August 19 (1 year)
- Adamo Mowell - August 19 (1 year)
- Zainob Sesoay - August 25 (1 year)

Nest & Care extends our warmest wishes to our staff and caregivers who are celebrating their birthdays and work anniversaries this month!

Your commitment, presence, and genuine care you provide shape the heart of **Nest & Care**. Your kindness illuminates the lives of our clients and creates a lasting impact that reverberates throughout our community. Here's to another year of spreading joy, building connections, and making a difference.

Happy Birthday, Shay!



In the symphony of our caregiving family, there are harmonious moments that resonate with joy and unity. This month, we came together to celebrate a special occasion - Shay's birthday!

Shay, our esteemed Director of Operations, shares her day with none other than Kat, our CEO, and Jocelyn, our dedicated Recruitment Officer. This heartwarming celebration is a testament to the bonds of friendship that enrich our **Nest & Care** family.

Community Connections

Client Visits

This month, we shine a light on two exceptional instances that showcase our commitment to going the extra mile - visiting Mrs. C in the hospital and celebrating the birthday of our cherished client, Mrs. I.

Our visit to Mrs. C in the hospital was not just about care; we were able to convey the comfort, companionship, and a reminder that we stand by our clients in all moments of their journey.

While Mrs. I's birthday celebration was not just about the day; it was about weaving the fabric of connection and making memories that last a lifetime.



When circumstances take unexpected turns, **Nest & Care's** commitment remains steadfast. During Mrs. C's hospital stay, we extended our support beyond her home. Our visit to the hospital was a testament to our organization's unwavering dedication to the well-being of our clients.

The birthday of our beloved client, Mrs. I, was a moment of shared happiness. **Nest & Care** created a heartwarming celebration, filled with laughter, cherished memories, and the genuine camaraderie that defines our family.

Caregiver Visits

Nest & Care also highlights a cornerstone of our commitment to excellence - our routine supervisory caregiver visits. These visits are more than just evaluations; they are an embodiment of our dedication to providing the highest quality of care to our cherished clients.

During these interactions, our caregivers and Director of Operations, Shay connects on a personal level. These interactions nurture bonds that form the foundation of our caregiving community. The exchange of insights, feedback, and stories fosters an environment of mutual respect and growth.

Co-Marketing Activities

Co-marketing events embodies the essence of our commitment to forming alliances that elevate caregiving, foster community engagement, and create a meaningful impact in the lives of our seniors. Shay's presence at their co-marketing event not only showcases our organization's values but also highlights the bridge we're building to offer comprehensive care solutions.

Supervisory visits form the linchpin of our commitment to maintaining the utmost standards of care. Beyond their evaluative nature, these visits offer a platform for open communication, collaboration, and an opportunity to celebrate the tireless efforts of our caregivers.

Nest & Care also proudly highlights our co-marketing activities - partnerships that amplify our outreach, enrich our offerings, and forge connections that extend beyond boundaries. These activities embody our commitment to creating a holistic care experience for our clients and caregivers.



In the spirit of collaboration and shared goals, we are thrilled to highlight a significant event - Shay's participation at the **Five Star Premier Residences** of Chevy Chase co-marketing event.

Nest & Care would like to thank all of our Community Partners for their tireless dedication and commitment to providing quality care services. Your support and collaboration in providing the best possible care to our patients are invaluable.

- Autumn Lake Healthcare at Oak Manor
- Beafield Court Senior Living
- Collingswood Rehabilitation Center
- Crescent Cities Rehabilitation Center
- Hillhaven Assisted Living and Rehab Center
- Layhill Center of Rehabilitation & Nursing
- Potomac Valley Rehabilitation Center
- Sterling Care Rockville Nursing
- The Terraces at Tuckerman Lane

Client & Employee Feedback

Caregiver Review

"I like that the people are kind and speak nice to you. When you have a client before you start, they have someone meet you at the client's house. She gives good training and speaks nicely to you. They are patient when they are talking to you. The office staff helps if you have a problem with the plan of care or your check. The clients they give me I don't have a problem with them. I pick up shifts when I can."

-Anglene M.

Client Testimonial

"I liked that they found the right caregiver for my mother. They stayed in good contact with me about my mother's care, which I appreciated a lot. They cleaned for her, kept her company, and helped her with her meal preparation. I appreciated that they were always available when I called. They would always go the extra mile to fulfill our needs."

-O.F.

Best of Home Care



Refer-And-Earn Program

Did you know **Nest & Care** also offers referral bonuses for clients and caregivers? You will receive a bonus fee if you refer a new client or new caregiver to us. Feel free to learn more about our Refer-And-Earn Program by talking with our office staff! Please reach out to our office at (240) 690-9900.

We truly appreciate your help in referring clients and caregivers to us and look forward to hearing from you! Thank you for being a part of the **Nest & Care** family!

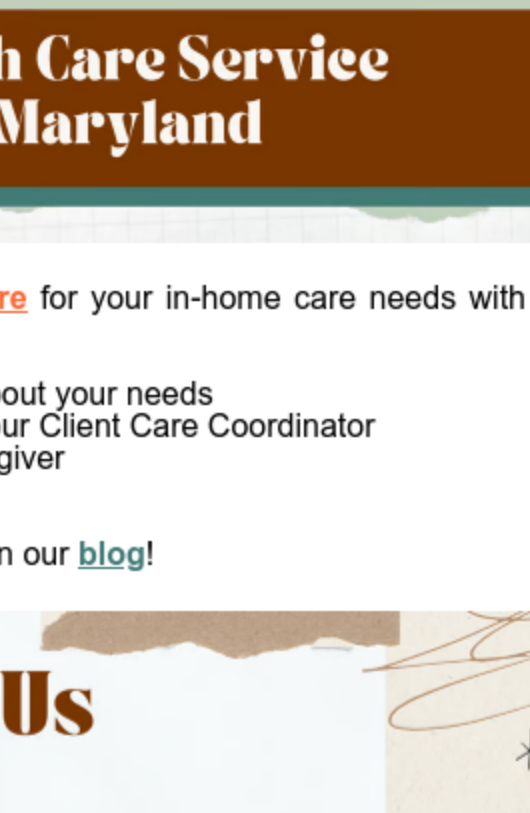
Join-Us-And-Earn Program

Nest & Care is excited to offer competitive sign-on bonuses for our new caregivers through our **Join-Us-And-Earn Program** if you are a qualified caregiver and join the **Nest & Care** team, you will receive a bonus fee as an incentive for joining us. We strive to provide excellent care and value talented caregivers who share this vision with us. Please do not hesitate to contact our office at (240) 690-9900 to learn more about the information and requirements for our Join-Us-And-Earn Program.

We're Hiring

CMT • CNA • GNA • LPN • RN

Apply Now!



Are you passionate about taking care of the elderly? Then, be part of one of Maryland's best home healthcare companies!

Nest & Care is hiring experienced and reliable home care Caregivers & Nurses located around Montgomery County, Maryland, to be part of our team!

- Benefits for Caregivers:
- Flexible Schedule
- 401K and 401K Matching
- Paid Sick Time
- PPEs Provided
- Workers Compensation Coverage
- Liability Insurance Provided
- Career Growth
- Taxes Deducted On Your Behalf
- Bonuses & Incentives
- Paid Training
- Industry Leading Pay Rates

Get assurance and assistance from **Nest & Care** for your in-home care needs with these four easy steps:

- Call (240) 690-9900 to describe and inquire about our needs
- Schedule a FREE In-Home Assessment with our Client Care Coordinator
- We will carefully match you with the right Caregiver
- Stay up-to-date through our online portal

Learn more about our services by clicking here on our [blog!](#)

Contact Us

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