



FEBRUARY 2023 NEWSLETTER

# LOVE MONTH!

Nest & Care, LLC

## IT'S THE LOVE MONTH

AND WERE SO EXCITED!

February is a month of celebration and festivities. It marks the start of spring in many countries around the world and is also known as the month of love due to Valentine's Day being celebrated on February 14th in many countries around the world. This day has become synonymous with romantic gestures, and it can also be a time to celebrate friendships and family.

Here at Nest & Care, we value the importance of showing love and respect toward our elderly. Aging is a natural process that comes with challenges, but it also brings wisdom and experience that can be invaluable to younger generations. The love we express to others can change lives. It can bring joy, lighten moods, open doors of understanding and compassion, create strong relationships and even save people from despair. Love is a gift that should be shared and cherished!

NEST & CARE | 2023



## CAREGIVER APPRECIATION

### Thank You!

YOU ARE ALL EXTRAORDINARY

Your commitment and enthusiasm have been invaluable in helping us achieve our goals. We are truly grateful for all the efforts you put in day after day. You have been an essential part of our success!



Sylvette



Meshia-Ann



KerryAnn



Keisha

## CAREGIVER RECOGNITION

### Allisha Joppy

IS NEST & CARE'S STAR OF THE MONTH!

Getting this recognition is a great honor that can be achieved by consistently going above and beyond at work.

We take this opportunity to recognize your hard work, dedication and commitment to excellence in the workplace.



CONGRATULATIONS!

### Sashe Robinson

WELCOME TO THE TEAM!

Nest & Care would like to extend a warm welcome to you as our new Director of Operations.

Our team is eager to benefit from your knowledge and experience and to work together for the best outcomes. We are confident that your expertise will help us reach our goals faster and more efficiently. We are thrilled to have you onboard as we continue striving towards delivering excellence in operations management.

WELCOME TO THE NEST & CARE TEAM!

# HAPPY VALENTINE'S!

Valentine's is the perfect opportunity to express our feelings of love and appreciation to you all.

## FEBRUARY CELEBRANTS

Nest & Care wishes you a very happy birthday and all the best for the coming year. May your dreams come true and your days be filled with happiness and joy. Enjoy your special day!

- Mariama Saisay February 1
- Desirae Allen February 3
- Awah Blandine February 6
- Salamatou Pountougnigni February 6
- Minata Porgo February 12
- Adama Powell February 13
- Esther Okoh February 16
- Nassoro Kachingwe February 19
- Esther Marshall February 22
- Clareisa Williams February 26
- Vivianne Magnerou February 28



### HAPPY BIRTHDAY GILL!

YOU DESERVE A TREAT

Here's to celebrating you, your achievements, and the amazing person that you are.

May your birthday bring you all of the joy and happiness you deserve!

## PRESIDENT'S DAY

Washington's Birthday, also known as Presidents' Day, is celebrated on the third Monday in February. It honors George Washington, the first President of the United States and Father of Our Country.

"Happiness depends more upon the internal frame of a person's own mind, than on the externals in the world".  
- George Washington

## AMERICAN HEART MONTH

American Heart Month is celebrated every February and aims to raise awareness of heart disease, the leading cause of death in the United States.

During this month, individuals are encouraged to make lifestyle changes that will help them prevent or manage cardiovascular diseases.

## COMMUNITY PARTNERS

Nest & Care would like to thank all of our home care community partners for their tireless dedication and commitment to providing quality care services. Your support and collaboration in providing the best possible care to our patients is invaluable.

- The Terraces at Tuckerman Lane
- Layhill Center of Rehabilitation & Nursing
- Bedford Court Senior Living
- Collingswood Rehabilitation Center
- Stirling Care Rockville Nursing
- Potomac Valley Rehabilitation Center
- Crescent Cities Rehabilitation Center
- Hillhaven Assisted Living and Rehab Center
- Autumn Lake Healthcare at Oak Manor

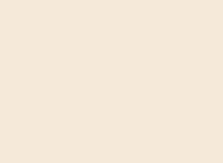
## CLIENT & EMPLOYEE FEEDBACK

### Client Testimonial

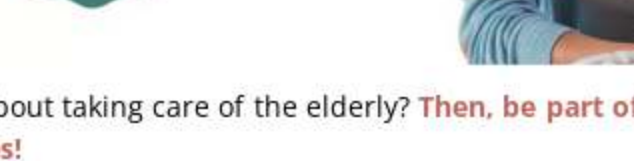
"They are very thorough in their care. They provide companionship and meet health care needs. They bathe her. They always call to verify that a caretaker is present. They are empathic and respectful."  
~ Mrs. J.S.

### Caregiver Satisfaction Review

"They are very considerate and helpful. They look for solutions. It was free, and it helped me to improve my caregiving. Every month, they do a caregiver of the month, which encourages us to work harder. Anytime you call, there's always someone to answer the phone and solve your problem. They give you the opportunity to choose, and don't force anything on you - they want you to be comfortable."  
~CNA G.T.



## NEST & CARE BEST OF HOME CARE AWARDS



## WE'RE HIRING!

CMT • CNA • GNA • LPN • RN



Are you passionate about taking care of the elderly? Then, be part of one of Maryland's best in-home care companies!

Nest & Care is looking for new caregivers to be part of our care team!

We are hiring experienced and reliable home care Caregivers & Nurses located around Montgomery County, Maryland.

[Click here to apply now!](#)



## Premium Home Health Care Service in Silver Spring

Get assurance and assistance from Nest & Care for your in-home care needs with these four easy steps:

1. Call (240) 690-9900 to describe and inquire about your needs
2. Schedule a FREE In-Home Assessment with our Client Care Coordinator
3. We will carefully match you with the right Caregiver
4. Stay up-to-date through our online portal

Learn more about our services by clicking [here](#) on our blog!

## CONTACT US

(240) 690-9900

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