NEST & CARE

IN-HOME CARE AND NURSING SERVICES

MABUHAY!
OCTOBER IS
FILIPINO AMERICAN HISTORY MONTH

Nest & Care celebrates the company and staff's **Filipino American Heritage** this month. **President Joe Biden** has recognized and is grateful for the contributions of the Filipino American Community.

Message from the President

> Jill and I are proud to recognize Filipino American History Month and celebrate the innumerable contributions and rich heritage of Filipino Americans across our nation.
>
> We support, honor, and thank you for all you have done to help fulfill the promise of America for all of us.
>
> – PRESIDENT JOE BIDEN

Nest & Care is led by a strong Filipina nurse and a care team consisting mostly of Filipinos. Known for their hospitality, strong family ties, humor and positivity, flexibility and adaptability, respect for the elderly, industrious attitude, and generosity, this makes the **Filipinos** of our care team more effective in caring for our clients.

Meet the **Filipina & Filipino** members of our **Care Team:**

Kat

President & CEO

Kat, our President and CEO, is a registered nurse, and she got her bachelors in nursing in 1998. She was born and raised in the Philippines, came to the US in 2005, and worked as a registered nurse in the ICU at USC University Hospital in Los Angeles, California.

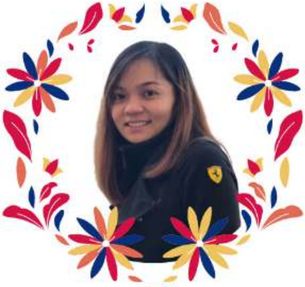
She moved to Washington DC in 2013 and worked as a stroke program coordinator at Providence Hospital. After working there for several years, together with her family, she started **Nest & Care** with the intention of helping individuals in their homes after their hospital or rehab discharge.

Michelle is our Executive Staff Manager. She is a Bachelor's in Nursing Graduate and Degree Holder. She started working as an Executive Assistant for **Nest & Care,** and she now manages the members of the care team. She has worked with different departments such as scheduling, staffing, inside sales, recruitment, accounting, administrative work, etc.

Michelle loves the pro-active and optimistic work environment of Nest & Care. She is creative, very organized and believes that teamwork, communication, and empathy are key to a successful healthcare team.

Michelle

Executive Staff Manager



Gill

Staffing Coordinator

Gill is our evening Staffing Coordinator. She has a Bachelor's Degree in Physical Therapy. She worked in a clinical setting for 6 years. She grew up with her grandparents, so she is soft-hearted when it comes to the elderly.

When it comes to her job, she is very detail-oriented and very particular with deadlines. Her family is her motivation for everything, especially her son. She loves spending time with her family, and she makes sure to always have time for them. She loves cats. In fact, she and her have 10 cats at home.

Laurice joined **Nest & Care** in June 2022. She is our Dayshift Staffing Coordinator. Her 7 years of experience in the Customer Service Industry enabled her to develop excellent customer service skills. Her goal is to always make sure that everyone feels valued. She is hard-working and always willing to help.

She was raised by her grandmother, that's why she has a great deal of compassion for the elderly. Her driving force in life is her family, especially her daughters, she strives hard for their future. She also believes that with faith, motivation, and perseverance, nothing is impossible.

Laurice

Staffing Coordinator

Aaron

Staffing Coordinator

Aaron is our Dayshift Staffing Coordinator. He is a pro in the outsourcing industry. He worked in different fields like Airlines, Telco, Food Delivery, Medical Transportation, and others. His dedication to providing excellent client care makes it easier for him to get promoted.

He is a father of four talented children who loves to dance, sing and do music. They are his motivation to work hard. He is a great cook and helps out with their family business. He also loves basketball and is an avid fan of the Golden State Warriors, naming his daughter after The Splash Brothers. He distinctly believes that the strength of a team is each individual member, and contributing strongly to the team is something that he can confidently do.

Rein is our Healthcare Recruitment Officer. She has worked as a Recruitment Associate for more than a year. She is in charge of organizing the recruitment website, phone interviews, and scheduling applicants for an in-office meetings. She mostly does follow-ups with regard to pending documents and compliances, caregiver availability, and updates on recruitment. She also conducts employment verifications and character references, and once the applicant has completed the hiring process, she would eventually endorse new hires to our dedicated scheduling and staffing team.

Rein
Health Recruitment Officer

Rose
Accounting Officer

Rose is our Accounting Officer.

She manages all work related to General Bookkeeping, Payroll Processing, and Invoice Processing.

She has been with **Nest & Care** for a few years now and is very reliable and trustworthy in her job.

OUR CAREGIVERS

GEARING UP FOR

PARKINSON'S TRAINING

Nest & Care is known to provide **Skills Training Workshops** to our caregivers for continued education.

This month we started enlisting for the **Parkinson's Training Program.** It is a paid training program that focuses mainly on how to take care of our elderly with Parkinson's disease safely, comfortably, and confidently.

Any **Nest & Care** **Caregivers** interested in the training may contact **(240) 690-9900** for the training schedule to start as soon as possible with our committed training managers.

CAREGIVER RECOGNITION

STAR OF THE MONTH

★★★★★

★★★★★

Mesha-Ann

Nest & Care
Star of the Month
October 2022

We would like to congratulate **Nest & Care's Star of the Month for October 2022: Mesha-Ann!**

Mesha-Ann has a wide range of medical care skills applicable to public and private healthcare environments. In addition, she has experience with private duties and home care, including accompanying clients during visits.

Consistency with quality of work is one of **Mesha Ann's** biggest accomplishments. Her honesty and reliability easily make people trust her, as she can work with minimal supervision.

She has three years of excellent experience as a CNA and outstanding skills in dementia care, hospice, and incontinence, including gait belts and Hoyer lift transfers. Her dedication and hard work make her a team player, and her current client is very happy with her help!

Congratulations Mesha-Ann, you deserve it!

CAREGIVER APPRECIATION

ONE OF A KIND

Cecilia

Nest & Care
Caregiver Appreciation
October 2022

YOU'RE
NEST & CARE
I'M ONE OF A KIND

Wishing one of our best caregivers, **Cecilia,** a **HAPPY SECOND CAREGIVER-CLIENT ANNIVERSARY!**

Nest & Care would like to recognize **Cecilia's** loyalty, reliability & unmatched care, and work ethic.

Cecilia has a stellar record in taking care of one of our longest-active clients. All of her clients trust her with their life. She is more than reliable, patient, and very caring. She doesn't give up and goes above and beyond. She has an amazing attendance track record, writes the best care notes, and communicates all her concerns respectfully.

Nest & Care appreciates **Cecilia** and all of her hard work!

NEST & CARE
I'M ONE OF A KIND
#CaregiverAppreciation

Chanel

Nest & Care
Caregiver Appreciation
October 2022

Charnelene, known by her nickname **Chanel,** is one of our highly skilled and experienced caregivers. Our managers visited her at her client's home and surprised her with a **one-of-a-kind treat!**

Chanel has worked with **Nest & Care** for a long time, and we appreciate all her continued hard work and mastery of what it means to be a true caregiver. **Chanel** has worked with many of our clients, and we know our clients will always be safe and taken care of when she's around.

Thank you, Chanel! You are truly one of a kind!

CAREGIVER APPRECIATION
THANK YOU!

Nest & Care would like to commend our hardworking and selfless care providers.

For **October,** we are especially grateful to the following care providers who went above and beyond this month: **Minata, Judith, Orlandria, and Rebecca.**

YOU ARE AMAZING!

We appreciate all your hard work aand effort in taking care of our seniors.

Thank you, our hard-working care providers!

OCTOBER EVENTS & ACTIVITIES

OCTOBER IS ALSO
BREAST CANCER AWARENESS MONTH

Nest & Care supports **National Breast Cancer Awareness Month** this October. Breast cancer is one of the most common kinds of cancer in women. About 1-in-8 women born today in the United States will get breast cancer at some point. The good news is that most women can survive breast cancer if it’s found and treated early.

OUR CARE TEAM!

Nest & Care took the chance to spread awareness and support this annual campaign. We ask women to be empowered and **make time to care for themselves** and **schedule their breast cancer screening today!**

The above shows our **Care Team** in full support of **National Breast Cancer Awareness Month.**

NEST & CARE

COMMUNITY CONNECTIONS

Co-Marketing

Kat & Nela visiting some of our trusted community partners, client and caregivers

Our President & CEO, Kat, and **Operations Coordinator, Nela,** were out and about this October, visiting our dear clients, caregivers, and partners around the community.

Layhill Rehab Center

Nest & Care did a co-marketing event with the community of **Layhill Rehab Center.**

Kat & Nela hosted a **Lunch and Learn** on **October 13th** for their Social Workers, Director of Admissions, and Administrators. Above is a very sweet photo of **Sade and Elizabeth** from Layhill Rehab.

POTOMAC VALLEY REHABILITATION

Potomac Valley Rehabilitation

Kat & Nela also visited **Potomac Valley Rehabilitation** on **October 21st** for another successful **Lunch and Learn** with their Social Workers. They were pleased to learn more about **Nest & Care** and talk about ways we could help each other grow more.

Terraces of Tuckerman Lane

Above, you can see **Kat** together with **Anita,** the **Admission Director** from **Terraces of Tuckerman Lane**.

Halloween
GOODIES

Kat & Nela made sure that our **Community Partners** and **Referral Sources** received the best treats for **Halloween!**

OCTOBER EVENT

GET TO KNOW YOUR CUSTOMER DAY

We visited some of our clients to celebrate **Get To Know Your Customer Day.** Among them is **Mrs. Z,** and she was very happy to see us.

PERFECT MATCH

Our very sweet and fun client Mrs. Z with her

superstar caregiver
Mesha-Ann

Mrs. Z is a retired stay-at-home mom. She loves watching country shows and cowboy movies. She loves to play crossword puzzles, joke around, and tell stories about her son and family. She is glad we can share a bit about her with her permission for **Get To Know Your Customer Day.**

NEST & CARE'S OCTOBER
BIRTHDAY CELEBRANTS

They say those born in **October** are smart, loyal, and reliable. They are also very curious, have a sense of humor, and love to laugh. These characteristics make October birthday celebrants unique and always ready for anything new. True enough, these qualities do reflect on our caregiver celebrants this month.

Nest & Care wishes you all a long life filled with **happiness, joy, success, and prosperity.** Thank you for your dedication and support.

Among our active caregivers, celebrating birthdays for October are: **Martha, Keisha, Myriane, Simone, Lauren, Rebecca, Ezinne, Felicia, Saamuela & Chanel.**

HAPPY BIRTHDAY!

Nest & Care was able to surprise one of our longest active working **caregivers, Chanel** with **flowers and cupcakes** when we last met her.

CLIENT & EMPLOYEE FEEDBACK

Caregiver Satisfaction

How likely are you to recommend working for Nest & Care, LLC to an interested friend?

"They are there 24/7 and I can get help. They always help you when you need help."

– TABEZAW A.
HOME CARE PULSE REVIEW

Client Satisfaction

> "Nest & Care has been a wonderful provider for our family taking care of my mom's daily visits for medications, food, and company. The staff are great at communication, updates and scheduling; they are very creative with problem-solving to ensure my mom is cared for, is comfortable, and that she has joy with the caregiver visits. They are responsive and timely too."

– MIMI T.
CARING.COM REVIEW

★★★★★

BEST OF HOME CARE

BEST OF HOME CARE PROVIDER OF CHOICE 2022

BEST OF HOME CARE EMPLOYER OF CHOICE 2022

2022 Caring Star TOP RATED ON CARING.COM

HOME CARE PULSE TRUSTED PROVIDER

JOB HIRING

NEST & CARE
Private Duty In-Home Care and Skilled Nursing Services

WE'RE HIRING!
CMT • CNA • GNA • LPN • RN
Apply Now!

Are you passionate about taking care of the elderly? **Then, be part of one of Maryland's best home healthcare companies!**

Nest & Care is looking for new **care providers** to be part of our care team!

We are hiring experienced and reliable home care **Caregivers & Nurses** around **Montgomery County, Maryland.**

👉 **Click here to apply now!**

NEST & CARE
Private Duty In-Home Care and Skilled Nursing Services
PREMIUM HOME HEALTH CARE SERVICE IN SILVER SPRING

Get assurance and assistance from **Nest & Care** for your **in-home care needs** with these four easy steps:

1. Call **(240) 690-9900** to describe and inquire about your needs

2. Schedule a **FREE** In-Home Assessment with our Client Care Coordinator

3. We will carefully match you with the right Caregiver

4. Stay up-to-date through our online portal

Learn more about our services by clicking **here** on our blog!

CONTACT US

(240) 690-9900

www.nestandcare.com

care@nestandcare.com

facebook.com/nestandcare

1751 Elton Rd, Suite 210,
Silver Spring, MD, 20903