

CAREGIVER TASK SHEET

Please check off
the tasks that you would
like a caregiver to provide.



PERSONAL CARE

- Bed Bath/Sponge Bath
- Tub/Shower
- Shampoo Hair
- Brush/Comb Hair
- Brushing Teeth
- Shave
- Apply Make Up
- Nail Care/Clean and File
- Skin Care/Apply Non-medicated Lotion to Dry Areas
- Assist with Getting Dressed
- Vital Signs
- Medication Reminder*

MOBILITY

- Assist with Walking (ambulatory)
- Turn Position in Bed (bedridden)
- Transfer/Bed/Chair (wheelchair)
- Assist with Home Exercises
- Range of Motion Exercises

SUPPORT SERVICES

- Client's Laundry
- Clean Kitchen/Dishes
- Take Out Trash
- Maintain Bathroom Cleanliness
- Maintain Bedroom Cleanliness
- Oxygen Turned On/Off Only
- Maintain Living Area/ Vacuum/Dust
- Make Bed/Change Bed Linens

TOILETING

- Assist to Bathroom
- Assist to Bedside Commode
- Assist Urinal/Bedpan
- Incontinence Care
- Empty Colostomy/ Catheter Bag**

COMPANIONSHIP

- Take for a Walk
- Shopping/Errands
- Accompany to Appointments
- Provide Transportation***

NUTRITION

- Prepare Meals/Snacks
- Assist with Feeding
- Feeding
- Encourage Fluids
- Restrict Fluids

*After medicines are set up/dispensed by an RN or family member

**Board of Nursing regulations preclude caregivers from assisting with any other elements of colostomy or catheter care.

***Caregiver is customarily reimbursed at current IRS rate.