

Small Group Care Provider

# SKILLS TRAINING Workshop



Paid training provided to our care professionals with the goal to improve Client and Care Provider Safety

- ✓ Ergonomics (Body Mechanics)
- ✓ Stair Training
- ✓ Safe Use of Equipment - Gait belt, Wheel Chair, Transfer Board, Hoyer Lift and Sling, Hospital Bed, Commode, Shower Chair
- ✓ Fall Recovery
- ✓ Bed Mobility
- ✓ Exercise Handout - strengthen, prevent contractures, maintain mobility, stretching
- ✓ Transfer Techniques
- ✓ Specialty Programs - Parkinson's, Stroke, Post Hip/Knee Surgeries, Dementia, Alzheimer's
- ✓ Gait Training

**TO LEARN MORE, CALL US AT 240-690-9900**



## George Salmon, OTR/L, CDP, CEAS 1

A practicing Occupational Therapist with over 10 years of experience in various work settings - Adult and the Older Adult, Physical dysfunction, Geriatrics, home health and modification. He has extensive knowledge on the provision of activity analysis and implementation of various strategies and interventions to improve patient independence and safety. In addition to that, George is also a Certified Dementia Practitioner.